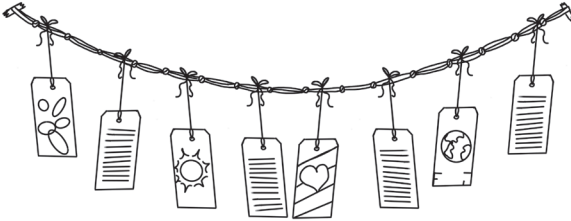


DREAM CHAIN



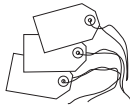
Create a Dream Chain to inspire the world you want to build. What would bring joy? What would make the world a better place for all?

Seek inspiration from the ICA exhibition *The Worlds We Make: Selections from the ICA Collection*, where artists reimagine the world through their perspectives, then dream up a world of your own.

Materials



Rubber bands



Paper tags



Drawing materials



Tape
(optional)

Instructions

Link all of your rubber bands together to form a chain. Look at the photos and video to help with these steps.

To see the video, scan the QR code or visit icaboston.org/articles/dream-chain





Instructions

1. Link all of your rubber bands together to form a chain. Follow the numbered photos, and to watch the video, scan the QR code or visit icaboston.org/articles/dream-chain

- To start your chain, place one rubber band on a flat surface, this will be band #1 (pictured as red). Place a second band (#2, pictured as beige) to the right of band #1, and slightly overlapping on the right side of band #1.
- With your right hand, hold down band #2 to keep it from moving. With your left hand pinch the inner side of band #1, and lift it over band #2. Thread it through the loop, pulling it under the outer side of band #1. Pull tight and you have your first loop.
- Repeat these steps on either the outside edge of band #1 or band #2. Keep repeating these steps until your Dream Chain is the length you want.

2. On individual tags, draw or write about the things that you would like to see in your world. Feel free to use both sides of the tags. To help inspire ideas, try answering the following questions:

Who are some people who make you feel happy?

What is your favorite animal(s)?

Where would you like to visit one day?

What is your favorite food?

What do you like to do in your free time?

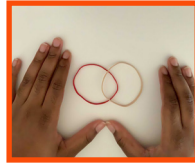
If you had a super power, what would it be?

If you could change anything in the world, what would you change?

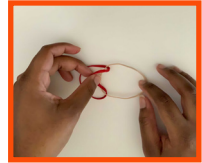
3. Attach each tag to your rubber band link by tying or taping the tag strings to the rubber bands.

4. Hang your Dream Chain somewhere special to remind you of the world you want to build.

Start here ↓



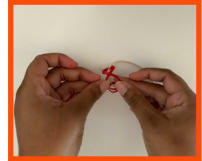
1.



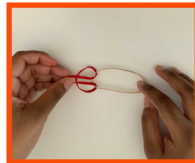
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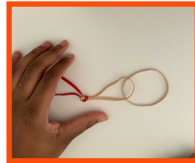
4.



5.



6.



7.



8.

Share your artwork on social media with [#ICAartlab](https://www.instagram.com/ICAartlab)

Find more activities at icaboston.org/artlab

This activity was created by Folynda Jean, Education Assistant, Studio Programs